

Mission Statement

It is the mission of the Highwood Public Schools to provide educational excellence that meets the individual learning needs of every student with the expectation that all students will reach their highest potential with the skills and knowledge to become successful, productive citizens in a changing society.

Superintendent's Message

Dear Highwood School Families, Community Members, and Friends,

The sense of spring is in the air as the days start to grow longer, the warm sunshine returns, and the snow begins to melt. March is a month of transition as we shift from winter's many activities to the excitement of spring. This marks a season of renewal, energy, and new opportunities for learning and growth here at Highwood School. With the third quarter coming to a close, our students and staff continue to push forward showing perseverance, growth, and a commitment to excellence. This time of year provides the perfect opportunity to reflect on our accomplishments so far, and set new goals for the remainder of the school year. Whether mastering a new skill, showing kindness to others, or stepping up as a leader, we encourage our students to embrace each challenge as a step towards reaching their full potential. I want to extend my sincere appreciation to our teachers, staff, students, and families for your unwavering support and commitment to academic excellence and school spirit!

Throughout February and March, we have been celebrating reading at Highwood School. As part of our festivities, we have HEART (Hold Everything and Read Together) time, where middle and high school students pair up with elementary students to read for 30 minutes. Our elementary students have also been taking on exciting reading challenges. They are currently working toward a goal of earning 1,500 A.R. points and participating in the Bikes for Books Challenge, where each book they read earns them a ticket for a chance to win a new bike. A huge thank you to Andy Long and the Masonic Lodge of Fort Benton for generously providing the bikes and helmets for this contest. We love seeing our students grow their love for reading!

Spring also marks testing season. Our junior class will be preparing for the ACT this month, while students in grades 3-8 will continue with the next MAST testing window. These assessments provide valuable insights into student progress and I encourage families to help ensure students are well rested and ready to do their best! I have no doubt that they will rise to the occasion and showcase all that they have learned this year.

In addition to academics, our middle school basketball season is in full swing, and I invite all to come cheer on our student-athletes. As always, I want to recognize the many individuals who work behind the scenes-our coaches, concessions workers, clock keepers, book keepers, bus drivers, and all of our other game day volunteers-who make these opportunities possible. Your dedication to our students does not go unnoticed. New this year, we are excited to introduce the Mountaineer Little Cheerleaders, led by Mrs. LeCureux. They brought a lot of great energy to our high school games and will continue to bring that Mountaineer energy and spirit to our middle school season. We can't wait to see them in action!

As we embrace this season of growth and renewal, I look forward to the many exciting events ahead. Thank you for your continued partnership in making Highwood School a place where students thrive. Let's make the most of this season together-Highwood STRONG! Wishing you all a bright and successful spring!

Sincerely,

Ms. Brianna Bowman

Superintendent of Highwood School

Important School Dates

- Chess Club Tournament:** Saturday, March 8th
- Daylight Savings Time Starts:** Sunday, March 9th
- 1st Day of H.S. Spring Sports:** Monday, March 10th
- March School Board Meeting:** Tuesday, March 11th @ 5:30 P.M.
- Chouteau County Health Dept. Presentations:** Wednesday, March 12th
- End of Third Quarter:** Friday, March 14th
- No School - Snow Day:** Monday, March 24th
- Spring Pictures:** Wednesday, March 26th



March Birthdays

- Mar 3:** Ms. Anderson
- Mar 4:** Lydia C.
- Mar 12:** Claire R.
- Mar 14:** Ms. Cecilia
- Mar 19:** Chase K.
- Mar 25:** Ms. Jenny

Happy Birthday Mountaineers!

Happy Birthday!

Did you know?
March is National Noodle Month!

Quote of the Month

“It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade.”

— Charles Dickens

For up to date school information, calendars, and sports schedules, please visit our website @ highwood.k12.mt.us or the Highwood School Facebook Page

Smithsonian Fruit For Sale

The Highwood Smithsonian Group is once again selling fruit as a fundraiser for their trip to the Eastern Seaboard in 2026. If you would like to purchase fruit and have not been contacted by a Smithsonian student, please reach out to the office. Unfortunately, coffee is not available at this time, but we are working on it for potentially later in the year. The prices for this year's fruit is listed below. The group thanks you for your continued support of this opportunity to further our kids education!

20 pounds of Oranges \$ 37

40 pounds of Oranges \$ 57

20 pounds of Grapefruit \$ 37

40 pounds of Grapefruit \$ 57

5 pounds of Mandarins \$ 17

Mountaineer Chess Club

Join the Mountaineer Chess Club! Chess is a powerful way to develop critical thinking, sharpen focus, and build friendships. We have practices after school on Tuesdays until 4:15. **Mark your calendars for our Highwood Chess Tournament which will be held on Saturday, March 8th.** Players of all skill levels are welcome to join! Please contact Ms. Mathews with any questions: kmathews@highwood.k12.mt.us

Board of Trustees Election

School Election Day is Tuesday, May 6th, 2025. The Highwood School District will have one Board of Trustee seat open for a three-year term. Trustee candidates must file for election by March 27th, 2025 by 12:00 P.M. in the school business office. A Declaration of Intent and Oath of Candidacy may be picked up from the school and must be filed with the district clerk, La Rae Roberts. No CANDIDATE MAY APPEAR ON THE BALLOT UNLESS THE CANDIDATE MEETS THIS DEADLINE. Candidate must be registered to vote at the time the Oath is filed.

Parent Empowerment Series: Wednesday, March 11th

Join in on this Parent Empowerment Series in collaboration with GFPS and Alliance For Youth. This presentation, "The Dark Side of Social Media," will be held from 6:00 to 7:30 P.M. in the Davidson Auditorium at Great Falls High School. Childcare will be provided. Please see the flyer at the school, or in this newsletter for more information.

End of Third Quarter: Friday, March 14th

The End of the Third Quarter will be on Friday, March 14th. Students, please make sure that you are checking in with teachers, turning in missing homework, and ready to end the quarter Highwood STRONG!

Smithsonian Dinner and Pie Auction Thank You!

Thank you to everyone who attended the 2025 Pie Auction! We are incredibly grateful for the support of our amazing community. A special thank you to those who donated and bid on the delicious treats—your generosity helped us raise an impressive \$2,545 for the 2026 Smithsonian Trip! From pies and scones to sweet rolls and more, the incredible variety of goodies, along with your kindness, made this event not only possible but a tremendous success. We are truly fortunate to be part of such a giving community. Thank you for making a difference and helping create unforgettable experiences for our students!

Montana State Assessments

State assessments play an important role in understanding what our students know and to help identify what resources and supports students need. The following will be our next testing windows for students in Grades 3-8.

Montana Science Assessment (Grades 5 and 8): Testing Window Opens Monday, March 3rd until Friday, May 23rd.

MAST Testing (Grades 3 to 8): Testing Window 3 Opens Monday, March 24th until Friday, May 2nd. More information will be sent out as the dates get closer. State and federal law require all students to participate in grade-level assessments for academic reporting. If you have any questions, please reach out to Ms. Bowman at bbowman@highwood.k12.mt.us.

I HEART Reading

During the months of February and March, Highwood School has been celebrating reading with dress-up days and HEART (Hold Everything and Read Together) Days. We love growing as Highwood STRONG readers!



Junior Class Prom: April 25th

Mark your calendars for the 2025 Junior Prom: Highwood Disco Fever. It will be held on Friday, April 25th at the Black Eagle Community Center in Great Falls. Grand March will start at 7:00 P.M. with the dance following until 11:00 P.M. Tickets are \$35.00 for an individual or \$70.00 for a couple. You must have your ticket to get into prom. If you are planning on bringing a guest from another school, you will also need a permission slip, which is available in the office. Let's Dance Together Highwood!

Mountaineer Little Cheerleaders!

The Mountaineer Little Cheerleaders program is open to Pre-K–5th grade students during the middle school basketball season. Practices are held every Tuesday until 4:15 P.M. in March. Team members are invited to cheer at all Mountaineer home games until halftime. For questions, contact Mrs. LeCureux at nlecureux@highwood.k12.mt.us or 517-898-0289. Go Little Mountaineers!

End School Lunch Debt!

Highwood School is currently collecting donations of any amount to assist in helping to pay off outstanding school lunch balances. THANK YOU to those who have sent in donations already! We appreciate your kindness and making a difference in our school community. If you would like to donate, please mail or bring in your donation to the school office. Thank you!

Yearbooks and Community Calendars Available!

Capture last year's memories with the 2023-2024 Highwood Yearbooks! Each yearbook is \$40.00. The 2024-2025 Highwood Community Calendars are available at the school office for \$10.00 each. Proceeds from the calendar sales go towards raising money for our high school students who will be attending the Smithsonian Trip in 2026.

Mountaineer School Spirit!

Every Friday is Mountaineer Pride Day at Highwood School. Students and staff are encouraged to show their school spirit by wearing blue and gold, Mountaineer wear, or Highwood STRONG shirts. **If you are looking for Mountaineer Gear, check out the link, "School Spirit Apparel," under the Home Tab of our school website www.highwood.k12.mt.us.**

Entry Into The School Building

To ensure the safety of the students and staff at Highwood School, all outside doors will continue to be locked from 8:15 A.M. until 3:23 P.M. on school days. Visitors entering the building will need to ring the doorbell and identify themselves. Once inside, all visitors must sign in at the office.

Employment Opportunities

Highwood School currently has openings for substitute teachers, and substitute bus drivers. There is also an opening for a 2025-2026 Bus Route driver. If you are interested, please contact the school office at 406-733-2081.



Infinite Campus - Parent Portal Information

Parents may create an account in Infinite Campus to access their children's grades, and attendance, and receive instant messages from the school. If interested, please contact the school office.

Students With Food Allergies

The breakfast and lunch program at Highwood School is nut-free. The school building itself is not a nut-free zone. However, the school is committed to keeping the building safe for all students by prohibiting food in common areas. If your child has a food allergy and plans to eat breakfast or lunch at the school, the school is required to have documentation of the allergy (from a medical professional) to keep on file. When birthday or party treats are provided in the classroom, students must choose from the list of Highwood School Acceptable Treats. Food is NOT permitted on the school bus routes or on activity buses during school trips. More information regarding the Highwood Public School Peanut/Tree Nut Allergy Agreement can be found in the Student Handbook.

WHEN A STUDENT MISSES 2 DAYS A MONTH	WHEN A STUDENT MISSES 4 DAYS A MONTH
Your student misses 20 DAYS a year.	Your student misses 40 DAYS a year.
Your student will miss 30 HOURS of math instruction.	Your student will miss 60 HOURS of math instruction.
Your student will miss 60 HOURS of reading & writing instruction.	Your student will miss 120 HOURS of reading & writing instruction.
They will miss over 1 YEAR of school by high school graduation!	They will miss over 2 YEARS of school by high school graduation!

A B S E N C E S A D D + U P !

Reporting Student Absences

It is the expectation at Highwood School that students are in school every day ready to learn. When absence cannot be avoided, parents need to notify the school office of the absence by the start of the school day. In the case of a planned absence, please send a note or make a phone call to the school ahead of time. Please see the K-12 Student Handbook to review the attendance policy.



School Adventures



Moab Field Trip

The Sophomore Moab Trip was a massive success! Students were able to explore Arches and Canyonlands National Park, as well as paleontological sites full of fossils and dinosaur tracks, petroglyphs, and venturing into the beautiful landscapes of sandstone canyons and arches. They also visited the Loveland Aquarium outside of Salt Lake City, giving students the chance to see penguins, sharks, sloths, otters, poison dart frogs, and so much more! This was a learning experience and adventure like no other. Thank you to the community, Highwood Public School, and the American Legion Post # 26 for supporting this endeavor.

Old MT Prison Field Trip

The 7th Grade class traveled to the Old MT Prison in Deer Lodge, MT. Although the day was cold, it was a great opportunity! They were given a tour of the prison and learned more about Montana history, as well as some very cool insider stories from back in the day. With some time to spare, they explored the car museum next door, and got to see all different types of vehicles, new and old!

Interpretive Center Field Trip

Mrs. LeCureux's 1st Grade class visited the Lewis and Clark Interpretive Center to learn more about Montana History and Native Americans. They also took advantage of the nice day and went on a nature walk around the Center.

P A S T



future

Chess Tournament

The Mountaineer Chess Team will be competing in two chess tournaments this month. The first will be held on Saturday, March 8th in Highwood. The second one will be held on Saturday, March 22nd in Florence. Those interested in participating should talk to Ms. Mathews.

Senior Trip

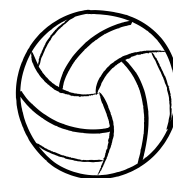
Mr. Gondeiro, Mrs. Geda, and the senior class will be traveling to Denver, CO for their Senior Trip from Wednesday, March 19th to Friday, March 21st. During their trip, they will enjoy many other fun activities and experiences!

Hi-Line Field Trip

Mrs. LeCureux's 1st Grade class will be taking a trip to the Hi-Line Climbing Center in Great Falls, MT to work on fine/gross motor skills as well as hand-eye coordination.



Mountaineer Athletics



High School Basketball Season Recap

Congratulations to our High School Teams on their successes during the 2024-2025 Basketball Season. The Boys Team ended the season during the District Tournaments, losing out Saturday morning. The boys had a successful season, and earned their first District win in seven years. We are proud of our boys and will greatly miss our seniors-Ryder, Chase, and Wyatt next year! The girls Fort-Benton Highwood Co-op secured second place in the 9C District Tournament and moved onto playing in the Divisional Tournament! We are so proud of our student athletes and their efforts this season. Thank you to all who supported our students by showing up to games, decorating the buses, providing lunches, or cheering on the teams from home on NFHS! Go Mountaineers!

2024-2025 M.S. Basketball Schedules

The Middle School Basketball Schedule is available on the school website (highwood.k12.mt.us) under "Athletics." Please note that this schedule is subject to change. Please check back often for all updates

Middle School Track Coach

Highwood School currently has an opening for a Middle School Track Coach. All interested individuals should contact the school office at 406-733-2081 for an application or if you have any questions.

Go Mountaineers!

Athletic Volunteers

We are always looking for volunteers to serve at our athletic events. No experience is necessary. If you are interested, please complete the survey on the Highwood School Website under the "Athletics" tab. If interested, but not interested in filling out the survey, or if you have any questions, please reach out to Mr. Gondeiro at 406-733-2081 or bgondeiro@highwood.k12.mt.us.

NFHS Network

Cheer on the Mountaineers or other Montana High School teams from wherever you may be. The NFHS Network is the leader in streaming Live and On Demand High School sports. As part of the High School Support Program, the NFHS Network also distributes a percentage of every Annual Subscription to our school. When you purchase an Annual Pass, select Highwood School and our school will receive a percentage of the subscription to go towards supporting our students and programs. Check out the NFHS Network at nfhsnetwork.com. Go Mountaineers!



Counselor's Corner



Partnership With PARENTGUIDANCE.ORG

Highwood School will once again be partnering with ParentGuidance.org to provide education and therapeutic support to empower and give parents and families hope and support for their child's mental health. As parents and guardians in our district, you can now go to ParentGuidance.org and take part in several on-demand courses covering a variety of topics. The link to these courses can be found on the Highwood School Website under "Resources."

FAFSA 2025-2026 Is Open!

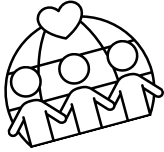
The Free Application for Federal Student Aid, commonly known as FAFSA, is where paying for college starts. The FAFSA is an application students and families fill out to be considered for federal financial aid, which includes federal grants, loans, work-study, and scholarships. Filling out the FAFSA is the only way to apply for federal financial aid. Colleges and scholarship providers may also use the FAFSA to determine eligibility for financial aid. More information can be found at <https://studentaid.gov/>.

ACT Testing Date for Juniors: Tuesday, March 25th

Highwood School is preparing for the annual administration of the state Mathematics, English Language Arts, and Science Assessments this spring. State assessments play an important role in understanding what our students know and to help identify what resources and supports students need. Grade 11 will take the ACT With Writing on Tuesday, March 25th, 2025 at 8:30 A.M. More information will be sent out as the dates get closer. State and federal law require all students to participate in grade-level assessments for academic reporting. If you have any questions, please reach out to Ms. Bowman at bbowman@highwood.k12.mt.us.

Selective Service

Under federal law, virtually all men must register with the Selective Service within 30 days of their 18th birthday. The Selective Service System also accepts early submissions of registration information by 17-year-old men. The Agency holds their registration information and automatically enters their data into the system when they turn 18. The fastest way to register is online at: www.sss.gov



Community News



Yana Miller Fundraiser: Saturday, March 8th

Join us at the Elks Lodge from 5:30 to 9:30 PM in Great Falls, MT, for a special event in support of Yana Miller! Enjoy delicious food, an exciting auction, and more—all to help raise funds for Yana's treatments and surgeries. Your support makes a difference!

Community Prayer Breakfast: Saturday, March 15th

Please mark your calendars for the Highwood Community Prayer Breakfast. Join us for a free breakfast as we pray for our emergency responders, school, community, government, and country.

We will also have guest speaker Rob Ripee give a presentation. It will be held on Saturday, March 15th at 9:30 A.M. at the Highwood Community Hall. Children are welcome to attend! Childcare will be provided.

Highwood Women's Club Meeting

The next Highwood Women's Club Meeting will be on Tuesday, April 1st. More information will be made available as the date gets closer. All are invited to attend. Be sure to check out the Highwood Women's Club Facebook page for more information.

2025 Highwood Open Golf Tournament: Friday, June 20th

Hosted by the Highwood Booster Club, this exciting event is set for Friday, June 20th, 2025, at the beautiful Signal Point Golf Course. Gather your team, sharpen your skills, and join us for a day of great competition, community spirit, and unforgettable fun on the greens. Mark your calendars and stay tuned for more details!

Birgenheier Community Wedding Shower: Sunday, March 30th

Please join us in celebrating Cecilia Cruz-Clark's marriage to Bryce Birgenheier with a community wedding shower. The shower will be held on Sunday, March 30th at 2pm at the Community Hall. Cecilia and Bryce's registry is <https://www.target.com/gift-registry/gift/birgenheier-wedding-2025>.

We hope to see you there!

Community Youth Group and Elementary Good News Club

Good News Club meets on Wednesdays at the Highwood Hall after school until 5:00 P.M. For the H.S. and M.S. the 1st Wednesday of every month will be a combined Youth Group from 6:00 P.M. to 7:30 P.M. For the remaining Wednesdays, the M.S. Youth Group will be held from 3:30 P.M. to 5:00 P.M. and the H.S. Youth Group will meet from 6:00 P.M. to 7:30 P.M. If you have any questions please contact Bart Diekhans (406) 788-8494 or Jacque Diekhans (406) 564-7589.

Highwood Commercial Club/Pedestrian Trail: Volunteers Needed

The Commercial Club/Pedestrian Trail is now being managed by Adam Rood. He is organizing and seeking volunteers to help with snow removal and weed control. Please contact him if you wish to assist in this as he could use help. His email is: roodadam54@gmail.com. Thank you!

Child Care Available

Kylie Rood is offering reliable and flexible childcare services before and after school hours. For more information, contact Kylie Rood at (406)750-7420.

Highwood's Annual 2025 Firework Show

We are working to build the Highwood Community Fireworks Fund for Highwood's Annual 2025 Fireworks Show. This fund will allow the town of Highwood to continue to have a wonderful fireworks show every 4th of July. Reach out today to make your donation and be a part of this tradition! **Cash, checks, and Venmo are all accepted forms of donations. All donations are now going toward the 2025 Annual Fireworks Show.** Please make out checks to **Bryce Birgenheier** or Venmo **@Bryce-Birgenheier**. As the fireworks show gets closer there will be a **GoFundMe** page set up and **donation jars** placed around Highwood to place donations. Stay tuned for location updates!

Dolly Parton's Imagination Library

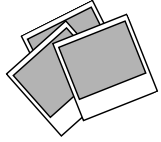
Preschool children, ages birth to 5, who live within the Sun River Electric Cooperative service territory, which includes Belt and Highwood, are eligible to sign up for free kids' books! You can register online at <https://imaginationlibrary.com/usa/affiliate/MTSUNRIVER/>. Thank you to Sun River Electric Cooperative for sponsoring this program!

Highwood County Water and Sewer District Job Openings

The Highwood County Water and Sewer District is seeking members to join the board of directors, as well as a new Wastewater Operator. This is a part-time position with variable hours. The district will pay for your licensing and training. \$20/hour salary with overtime opportunities. Must have a valid driver's license, reliable vehicle, ability to lift 50 pounds, maintain good records, and minimal computer skills. Mechanical and plumbing skills are a bonus, but not required. Please contact the water and sewer office if interested. 406-733-2995.

Highwood Senior Center

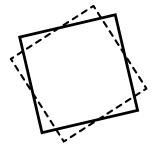
The **HIGHWOOD SENIOR CENTER** is open for business! Come on down any Monday or Thursday at noon for a great meal. Anyone of any age is welcome for a suggested donation of \$6.00. We are right down the street from the school at 147 Main Street so come on in and have lunch with us.



Highwood Sneak Peak



*to pay
cheese*



Riddles of the Month

Q1: What kind of music do leprechauns love?

Q2: Which word in the dictionary is spelled incorrectly?

Q3: If the day before yesterday was the 23rd, then what will be the day after tomorrow?

27th
A1: Sham-rock and roll; A2: "Incorrectly"; A3: "The
Riddle Answers:"



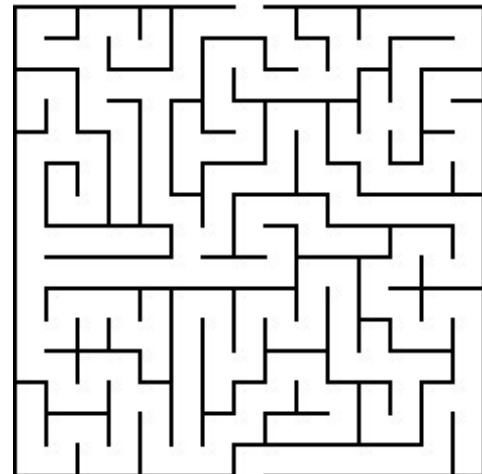
3	8	6	5	1	7	2			
7	9	4	6	3	2	3	2	5	8
2	1	5	4	8	9	3	7	6	
9	7	6	9	8	7	4	6	8	5
6	6	8	3	2	5	4	1	7	
4	5	3	8	7	1	9	6	2	
8	4	9	7	6	3	1	2	5	
5	7	1	2	9	4	6	3	8	
6	3	2	1	5	8	7	4	9	

Sudoku Answer

Sudoku of the Month

	3	2	1	5	8	7		
			2	9	4	6	3	
8	4	9	7	6				
		3		7	1		6	2
	6	8	3	2	5	4	1	7
1	2	7			6		5	3
		5						6
7	9	4			2		8	1
		6	5	1				

Maze of the Month



march coloring sheet



Spring!

FUNDRAISER

for Yana Miller



MARCH 8, 2025

5:30 - 9:30

ELKS LODGE

500 1st Ave. S.

Silent/Live Auction

50/50 tickets

Dinner provided by

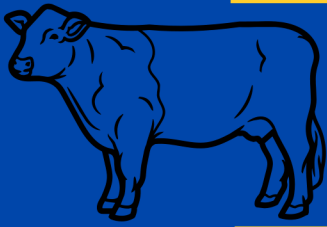
THE STADIUM

Beverage bar

2 yr. old Yana has been diagnosed with a rare brain tumor, Hypthalamic Hamartoma. Please help support the Miller family as they navigate surgery and years of treatment.

**FOR DONATIONS OR INFORMATION,
PLEASE CALL 406-788-1126**

MONTANA BEEF



IN SCHOOLS!

SUPPORT LOCAL BEEF IN OUR SCHOOL

WHY DONATE?

TO ENCOURAGE THE USE OF LOCAL BEEF IN SCHOOL MEAL PROGRAMS, AND TO CUT THE COSTS FOR OUR SCHOOL LUNCH PROGRAM

PAST DONORS

THANK YOU-

GARY & JEN EVANS

DANE & KIRSTEN BRADY

BRETT & WHITNEY BAHNMILLER

CONN & LORRI FORDER

COLTER & JESSICA TINSEN

SCOTT & WILLOW TINKLENBERG

ZACH & DARCY ZANTO

TIM & TAMARIEL CHRISTOPHER

DON'T HAVE A COW?

YOU CAN GIVE A MONETARY DONATION TO HELP US PURCHASE ONE! MONETARY DONATIONS CAN BE SENT OR DROPPED OFF AT THE SCHOOL.

HOW TO GET STARTED WITH THE PRODUCER PARTNERSHIP

THE PRODUCER PARTNERSHIP IS THE FIRST FEDERALLY INSPECTED NON-PROFIT PROCESSING FACILITY IN THE UNITED STATES. THEY HAVE BEEN IN OPERATION SINCE 2020 AND WILL PROCESS ALL DONATED ANIMALS FREE OF CHARGE.

READY TO DONATE AN ANIMAL? CONTACT THE SCHOOL OFFICE FOR MORE INFORMATION OR VISIT THE PRODUCER PARTNERSHIP AT: WWW.PRODUCERPARTNERSHIP.COM



Parent Empowerment Series

*In collaboration with GFPS and Alliance For Youth Health

Safety

TUESDAY, MARCH 11TH, 2025

- DAVIDSON AUDITORIUM, GFHS
- 6:00PM-7:30PM

(GFH PARENT TEACHER CONFERENCES 4:00-7:00PM)

THE DARK SIDE OF SOCIAL MEDIA

"We are responsible for our child's health, safety, and education!"

ALL 5TH-12TH GRADE PARENTS/GUARDIANS ENCOURAGED TO ATTEND

- **MATURE CONTENT - STUDENTS NOT WELCOME**
- **CHILDCARE AND SUPERVISION PROVIDED AT SITE BY GFHS CHILD DEVELOPMENT CLASSES**

Agenda Order:

1. What are the students doing on social media
2. What is GFH doing about it
3. What can you do about it

Hear From:

- GFHS Admin
- School based therapists
- School Resource Officers
- School Counselors

Topics of Discussion:

- Pressures of social media
- Exposure to sexually explicit material
- Online exploitation
- Inappropriate interactions and content

Four Empowerment Pillars:

VISIT WITH THESE SUPPORTS FROM ALLIANCE FOR YOUTH AT THE EVENT

- Family Technology Plans and Support
- Parenting Education Opportunities
- Sextortion Information
- Survivors of Sexual Assault Support Group
- Information on Youth Resource Center

- Grief Group
- Vaping Education
- Eating Disorder
- Information and Referral
- Sober Life Program



March 2025 BREAKFAST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Muffins Canadian Bacon Yogurt, Cottage Cheese, Fruit, Toast Bar	4 Pancake Sausage Yogurt, Cottage Cheese, Fruit, Toast Bar	5 Donuts Yogurt, Cottage Cheese, Fruit, Toast Bar	6 Biscuits & Gravy Yogurt, Cottage Cheese, Fruit, Toast Bar	7 Cereal Yogurt, Cottage Cheese, Fruit, Toast Bar	8
9 <i>Daylight Savings Time Starts</i>	10 Copycat Showdown Sammies Yogurt, Cottage Cheese, Fruit, Toast Bar	11 Oatmeal Chocolate Chip Waffles Sausage Yogurt, Cottage Cheese, Fruit, Toast Bar	12 Breakfast Burritos Yogurt, Cottage Cheese, Fruit, Toast Bar	13 French Toast Yogurt, Cottage Cheese, Fruit, Toast Bar	14 Smoothies, Yogurt, Cottage Cheese, Fruit, Toast Bar	15
16	17 Green Eggs Scramble & Ham Yogurt, Cottage Cheese, Fruit, Toast Bar	18 Hashbrown Sausage Yogurt, Cottage Cheese, Fruit, Toast Bar	19 Omelette Yogurt, Cottage Cheese, Fruit, Toast Bar	20 Huffpuff Day Wizardry Sausage Hats Hashbrowns Yogurt, Cottage Cheese, Fruit, Toast Bar	21 Muffins Yogurt, Cottage Cheese, Fruit, Toast Bar	22
23	24 NO-SCHOOL	25 Yogurt Parfait Cottage Cheese, Fruit, Toast Bar	26 Breakfast Sandwich Yogurt, Cottage Cheese, Fruit, Toast Bar	27 Breakfast Scramble Yogurt, Cottage Cheese, Fruit, Toast Bar	28 Bagels Yogurt, Cottage Cheese, Fruit, Toast Bar	29
30	31 French Toast Sticks Yogurt, Cottage Cheese, Fruit, Toast Bar					

March 2025 LUNCH

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2							
3	Meat Lovers Sub Sandwich Apples Chips		4 Cain's Senior Lunch Hot Dogs Mac & Cheese Grapes Pretzel Jello	5 Chicken Strips Tator Tots Carrots Oranges	6 Lasagna Soup Caesar Salad Mixed Berries Oreo Cookies	7 Loaded Baked Potato Cauliflower Tots Peaches	8
9	10 Chicken Fajita Tacos Carrots Peaches		11 Gyro Baklava Apples	12 Beef & Broccoli Egg Rolls Mandarin Oranges	13 Olive Garden Soup Prek Bread Salad Popcorn Balls	14 Cheese Pizza Pie Caesar Salad Mixed Berries	15
16	17 Corned Beef Cabbage Carrots & Potatoes Pears Shamrock Rice Crispies		18 Sloppy Joes Broccoli Peaches Oatmeal Cookies	19 Chicken Sandwich Tator Tots Oranges Chocolate Caramel Cookies	20 HuffPuff Day Great Hall Chicken Pie Peaches Lunas Spectrespecs Cookies	21 Crunchy Fish Tacos Corn Salsa Mangos Tiramisu	22
23	24 NO-SCHOOL		25 Waffles Bacon Hashbrowns Oranges	26 Chicken Ricotta Meatballs w/ Spinach Alfredo Pears	27 Chef Salad Breadsticks Grapes	28 Grilled Cheese & Potato Soup Mixed Berries Black Forest Cake	29
30	31 Tater Tot Casserole Hominy Oranges Cupcake w/ Cream Cheese Frosting					All baked foods are gluten-free or come with a gluten-free option upon student request each morning.	

Daylight Savings Time
starts

St. Patrick's Day

PI Day



BOX TOPICS

March into spring with this month's bonus offers!



MARCH
2025 EDITION



BONUS OFFERS

Offers are valid in a single transaction between 3/1/2025-3/31/2025



Buy 2, Earn 10
on participating
cereals*



Buy 3, Earn 8
on participating
Totino's products*



Buy 3, Earn 8
on participating
fruit snacks and
DunkArosos*




Buy 2, Earn 6
on participating
Nature Valley
products*



Buy 2, Earn 6
on participating
Pillsbury
Crescents*



*Must submit your receipt within 14 days of purchase. Limit 5 claims per receipt.



NEW!

Starting in March, **Monthly Challenges** will be **personalized** so they're easier for participants to complete. Each person will have to make a different number of qualifying purchases to complete the Challenge and they'll earn a different amount of Bonus Box Tops based on those purchases. Spread the word!

Visit the app to join today

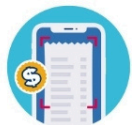


MARCH BONUS OFFERS

March has some outstanding **bonus offers!**
Encourage participants to stock up for spring snacking.

Visit the app to see all offers

3 EASY WAYS TO EARN FOR OUR SCHOOL



SCAN

Qualifying receipts
in the app



SUBMIT

Qualifying digital
receipts in the app



CONNECT

Your Walmart and
Box Tops accounts

SEE PRODUCTS & LEARN MORE ABOUT
THE BOX TOPS APP AT [BTFE.COM](https://www.btf.com)



DON'T HAVE THE BOX TOPS
APP YET? DOWNLOAD IT NOW:

